

World Alzheimer's Day 2022

PROGRAMS

- 10 Sep
10am-12noon
Art Therapy Part 1
Medaf Art Studio, Uptown Mirdif Dubai
Painting session with seniors & DHL volunteers
- 14 Sep
4:00pm-6:00pm
Strike Out Alzheimer's
Dubai International Bowling Center
Fun Bowling Competition with seniors & CPL Aromas volunteers
- 17 Sep
4:30pm - 6pm
Art Therapy Part 2
Painting session with seniors and kid students of Medaf Art Studio
- 21 Sep
10am-12 noon
WAD 2022 Celebration
Ministry of Community Development Ajman
4get-me-not seniors perform for Emirati seniors of Ajman
- 21 Sep
4pm-6pm
Pizza Workshop
Dubai
Pizza Making workshop with seniors and QBE Middle East volunteers
- 25 Sep
10am-12noon
Art Therapy Part 3
Medaf Art Studio, Uptown Mirdif Dubai
Painting session with seniors & DHL volunteers



World Alzheimer's Day 2022

EVERY OTHER TUESDAYS

13 Sep
11am-1pm

Chess Session
Sharjah Cultural & Chess Club
Seniors & caregivers learn chess the fun way

27 Sep
11am-1pm

Chess Session
Sharjah Cultural & Chess Club
Seniors & caregivers learn chess the fun way



What is World Alzheimer's Day?

IN A NUTSHELL

- World Alzheimer's Day (WAD) is a global campaign led by Alzheimer's Disease International (ADI) and its members like 4get-me-not which takes place every 21st September
- WAD aims to raise awareness and challenge the stigma that surrounds dementia
- The theme this year is focused on 10 warning signs of Alzheimer's

